



MAY 15-18  
**2025**

NATIONAL HARBOR, MD  
PES 2025 Annual Meeting

Discover. Innovate. Connect.



## PEDIATRIC ENDOCRINE SOCIETY

The Pediatric Endocrine Society (PES) invites you to participate in the 2025 Annual Meeting: **Discover, Innovate, Connect**, which will be held May 15-18 at the Gaylord National Harbor, National Harbor, MD. The Annual Meeting is designed for anyone passionate about advancing and advocating for the endocrine health and well-being of children and adolescents.

### Annual Meeting Objectives

- Identify novel diagnostic and therapeutic tools available for optimizing care of children with diabetes and endocrinologic disorders.
- Highlight scientific discoveries and clinical updates necessary for pediatric endocrinologists to provide evidence-based comprehensive care.
- Gain insight into the changing landscape of clinical practice, career development, and professional advancement.

### Who Should Attend

PES members, other endocrine researchers, faculty, practicing endocrinologists, medical students, fellows, residents, advanced practice providers, and others interested in pediatric endocrinology.

## PRESIDENT'S WELCOME

Dear Colleagues and Friends,

It is with great pleasure that I extend an invitation on behalf of the Pediatric Endocrine Society to join us at the 2025 Annual Meeting, scheduled to take place from May 15-18, 2025, at the Gaylord National Harbor in Maryland. The hotel sits on the bank of the Potomac River and offers beautiful views along with ample spaces for posters and exhibits, for networking and collaboration, and for socializing with old and new friends. Within a short walk from the hotel, attendees can take advantage of many shops, restaurants, and activities. The hotel is a 20-minute cab ride from Reagan National Airport and from DC if one wants to venture out.



Our meeting is, of course, dedicated to Pediatric Endocrinology and will showcase an outstanding lineup of plenary lectures, symposia, meet-the-professor sessions, spark sessions, and more. We look forward to bringing together clinicians, researchers, and trainees for a dynamic exchange of ideas and the exploration of new knowledge. We have had a record number of abstracts submitted to the meeting this year and anticipate great attendance. Please join us! Your participation will contribute to the vibrancy of the meeting, and we are certain you will find the meeting to be a stimulating, enriching and fun.

I look forward to welcoming you in May.

Best regards,

**Mark R. Palmert, MD, PhD**  
PES President 2024-2025





## 2024-2025 PES BOARD OF DIRECTORS

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## 2025 ANNUAL MEETING PROGRAM COMMITTEE

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# Discover. Innovate. Connect.



## Continuing Education Credit

### Joint Accreditation Statement

In support of improving patient care, this activity has been planned and implemented by Amedco LLC and Pediatric Endocrine Society. Amedco LLC is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team. Physicians (ACCME) Credit Designation Amedco LLC designates this live activity for a maximum of TBD AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.



## Questions

Have questions? Please contact PES Headquarters at (703) 884-9781 or email [info@pedsendo.org](mailto:info@pedsendo.org). Make sure to visit our website at [pedsendo.org](https://pedsendo.org) for complete Annual Meeting details and updates.



# PROGRAM OF EVENTS\*

\*PROGRAM SUBJECT TO CHANGE

## THURSDAY | MAY 15, 2025

TIME	SESSION	TITLE	SPEAKER(S)
7:00 am - 5:00 pm		Registration	
7:00 - 8:30 am		Fellowship Program Directors Meeting	
8:30 - 10:00 am		Division Chiefs Meeting	
8:30 - 10:00 am	Workshop #1	Communication and Effective Feedback Using a Competency-based Framework	Laura Page, MD Amy Levenson, MD Marissa Kilberg, MD
10:00 - 11:00 am		PES Committee Meetings (by invitation only)	
11:15 am - 12:45 pm		PES Board & Committee Chairs Lunch (by invitation only)	
12:00 - 5:00 pm		Poster Session 1 Set-up	
1:00 - 3:00 pm	Special Interest Group Sessions 1-6	Advanced Practice Providers (APP)	Business Meeting
		Diabetes: A Provider's Guide to Handling Weight Stigma and Body Image Concerns when Treating Youth with Type 1 and Type 2 Diabetes	Eleanor Mackey, PhD
		Differences of Sex Development (DSD) & Ethics	Panel on Prenatal testing in DSD
		Polycystic Ovary Syndrome (PCOS)	TBA
		Adrenal	Business Meeting
		Lipid	Business Meeting
3:15 - 5:15 pm	Special Interest Group Sessions 7-12	Thyroid & Tumor Related Endocrine and Neuroendocrine Disorders (TREND)	TBA
		Bone and Mineral: Interpreting Pediatric DXA Scan Z-scores	Catherine M. Gordon, MD, MS
		Obesity	TBA
		Turner Syndrome: Hepatic Health in Turner Syndrome	Chijioko Ikomi, MD Shanlee Davis, MD, PhD Vaneeta Bamba, MD
3:15 - 5:15 pm		PedsENDO DISCOVERY Program (by invitation only)	
3:15 - 5:15 pm		Endocrine Fellows Meeting	
5:30 - 6:30 pm	Plenary #1	Opening Plenary: Welcome / Lawson Wilkins Lecture	Mark Palmert, MD, PhD PES President
		Advances in Basic Science of Puberty and its Regulation with Clinical Relevance	Ursula Kaiser, MD
6:30 - 8:30 pm		Opening Reception / Poster Session 1 / Exhibits	

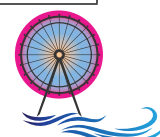


# PROGRAM OF EVENTS\*

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## FRIDAY | MAY 16, 2025

TIME	SESSION	TITLE	SPEAKER(S)
7:00 - 8:30 am		Breakfast in Exhibit Hall / Learning Labs	
7:00 am - 5:00 pm		Exhibit Hall Open	
7:00 am - 5:00 pm		Registration	
7:45 - 8:30 am	Meet the Professor #1	Iatrogenic Adrenal Insufficiency	Cathrine Constantacos, MD
7:45 - 8:45 am	Oral Abstract Session #1		TBD
8:00 - 10:45 am		Poster Session 2 Set-up	
8:45 -10:15 am	Plenary #2	Business Meeting	Mark Palmert, MD, PhD
		Van Wyk Prize	David B. Allen, MD
		Blizzard Lecture	Stephen M. Rosenthal, MD
		Clinical Scholar Awardee 1: Mechanisms of Long-Term Suppression and Recovery of the Hypothalamic-Pituitary-Adrenal Axis after Exogenous Glucocorticoid Treatment	Lindsey Gaston, MD
10:15 - 10:45 am	Break in Exhibit Hall		
10:45 - 11:30 am	Meet the Professor #2	Disorders of Water Balance	Joseph Majzoub, MD
10:45 am - 12:15 pm	Symposium #1	Endocrine Dysfunction in Cystic Fibrosis	
		CF Related Diabetes: A Shifting Landscape	Maria 'Sukie' Rayas, MD
		Bone Health in Cystic Fibrosis	Kristen Williams, MD
		Gonadal Health and Fertility in Cystic Fibrosis	Kara S. Hughan, MD
11:45 am - 12:45 pm	Spark #1	Growth Attenuation Therapy in 2025: A Nuanced Discussion	David B. Allen, MD Phil Zeitler, MD, PhD Camilla Kamoun, MD, MSME
12:30 - 2:30 pm		Lunch in Exhibit Hall / Poster Session 2 / Learning Labs	
2:30 - 3:30 pm	Year in Review #1	New Therapies for Congenital Hyperinsulinism	Katerine Lord, MD
		Updates on Lipids and Emerging Therapies	Jee-Young N. Ham, MD
2:30 - 3:30 pm	Oral Abstract Session #2		TBD
3:45 - 4:45 pm	Spark #2	Screening in MEN1 and SDHx Syndromes: Is it Really That Straightforward?	Steven Waguespack, MD Jaydi Del Rivero, MD
3:45 - 5:15 pm	Symposium #2	Transgender Symposium	TBD
5:30 - 6:30 pm	Meet the Professor #3	Using Automated Insulin Delivery Systems to Manage diabetes in Toddlers / Young Children with Type 1 Diabetes	Sarah MacLeish, DO
5:00 - 7:00 pm	Workshop #2	Practical Thyroid Ultrasound for the Pediatric Endocrinologist: Why Bother?	Andrew J. Bauer, MD Jonathan Wasserman, MD, PhD Claudia Martinez-Rios, MD
5:30 - 6:30 pm	Yoga #1	Recharge with a yoga session to relax, refresh, and refocus. Suitable for all levels.	Erica Eugster, MD
7:30 - 10:30 pm	Monument Tour	Discover DC's iconic monuments beautifully illuminated at night on a guided bus tour. Enjoy stunning views and the stories behind these national treasures. Pre-registration required.	





# PROGRAM OF EVENTS\*

\*SUBJECT TO CHANGE

## SATURDAY | MAY 17, 2025

TIME	SESSION	TITLE	SPEAKER(S)
7:00 - 8:30 am		Breakfast in Exhibit Hall / Learning Labs	
7:00 am - 3:00 pm		Exhibit Hall Open	
7:00 am - 5:00 pm		Registration	
7:45 - 8:30 am	Meet the Professor #4	Challenging Thyroid Cases	Catherine Dinauer, MD
8:00 - 9:30 am	Symposium #3	Obesity Therapies	
		Anti-Obesity Therapies – Focus on Weight Loss Outcomes & Safety/Tolerability	Joan Han, MD
		Effects of Obesity Treatment in Type 2 Diabetes	Megan Bensignor, MD, MSHP
		Effects of Obesity Treatment in Polycystic Ovary Syndrome	Rachana Shah, MD
8:00 - 10:45 AM		Poster Session 3 Set-up	
8:45 - 9:30 am	Meet the Professor #5	Management of Low Bone Density in Relative Energy Deficiency in Sports (REDs): The Female Athlete Triad	Madhusmita Misra, MD, MPH
9:30 - 10:00 am	Break in Exhibit Hall		
10:00 - 11:30 am	Plenary #3	International Plenary	
		Long Term Safety of Childhood Growth Hormone Therapy	Lars Säwendahl, MD, PhD (10 - 10:45 am)
		Code of Care: Responsible AI for Pediatric Endocrinology	Rubin Pillay, PhD, MD, MBA, MSc, BSc (Hons) Pharm (10:45 - 11:30 am)
11:45 am - 12:45 pm	Spark #3	Screening for Pre-Symptomatic Type 1 Diabetes: Success Factors, Benefits, and Challenges	Heba Ismail, MD, PhD Holly O'Donnell, PhD
11:45 am - 12:45 pm	Oral Abstract Session #3		TBD
12:45 - 2:30 pm		Lunch in Exhibit Hall / Poster Session 3 / Learning Labs	
2:30 - 3:30 pm	Plenary #4	International Plenary	
		Genetics/Management of Early Onset Obesity	Sadaf Farooqi, MBChB, PhD (2:30 - 3:15 pm)
		Clinical Scholar Awardee 2: Time Restricted Eating in Youth Living with Obesity	Alaina Vidmar, MD (3:15 - 3:30 pm)
3:00 pm		Dismantle Exhibit Hall / Posters Close	
3:45 - 5:15 pm	Symposium #4	Congenital Adrenal Hyperplasia	
		Recognizing and Managing Rare Forms of CAH	Perrin White, MD
		Challenges in Managing Pediatric CAH	Oksana Lekarev, DO
		Updates in Therapeutics and Management of CAH	Kyriakie Sarafoglou, MD



# PROGRAM OF EVENTS\*

\*SUBJECT TO CHANGE

**SATURDAY | MAY 17, 2025** CONTINUED

TIME	SESSION	TITLE	SPEAKER(S)
3:45 - 5:15 pm	Symposium #5	Type 2 Diabetes Mellitus	
		Type 2 Diabetes in Childhood: Lessons Learned from SEARCH, TODAY, and RISE Studies	Amy Sanghavi Shah, MD, MS
		Precursors of Type 2 Diabetes in Childhood: Maternal Metabolism during Pregnancy and Its Associations with Newborn and Childhood Outcomes, Lessons Learned	William L. Lowe Jr., MD
		Pathogenesis and Predictors of Type 2 Diabetes in Childhood: Application of Metabolomics and Precision Medicine in Childhood Obesity, Insulin Resistance, and Type 2 Diabetes and Future Directions	Pinar Gumus Balikcioglu, MD
5:30 - 6:30 pm	Yoga #2	Recharge with a yoga session to relax, refresh, and refocus. Suitable for all levels.	Erica Eugster, MD
5:30 - 6:45 pm	Other	MINGLE (Mentorship•Innovation•Networking•Growth•Leadership in Pediatric Endocrinology): Mentor-Mentee Session	

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**SUNDAY | MAY 18, 2025**

TIME	SESSION	TITLE	SPEAKER(S)
7:00 - 8:30 am		Breakfast in Potomac Ballroom Foyer	
7:00 - 11:00 am		Registration	
7:30 - 8:15 am	Meet the Professor #6	Hypoglycemia Outside the Neonatal Period	Rebecca Riba-Wolman, MD
7:30 - 9:00 am	Symposium #6	Growth Symposium	
		The History of Growth Hormone: The National Hormone Pituitary Program	Ellen Leschek, MD
		Practical Management: Long-Acting GH Analogs	Cheri Deal, PhD, MD, FRCPC
		IGF-1 Therapy: Indications and Management	Steven Chernausek, MD
8:15 - 9:00 am	Meet the Professor #7	Approach to the Patient with 46,XY DSD	Kim Shimy, MD
9:15 - 10:15 am	Spark #4	Prioritizing Access: Optimizing Pediatric Endocrinology Care Amidst Workforce Challenges	David Sparling, MD, PhD Ananta Addala, DO, MPH Leslie Pitts, MSN, CRNP, CPNP-AC, CDCES, AP-PEN
9:15 - 10:15 am	Year in Review #2	Advancements in Calcium & Vitamin D Disorders	Anna Ryabets-Lienhard, DO
		Pituitary/Neuroendocrine	Maya Lodish, MD, MHSc
10:30 - 11:30 am	Plenary #5	Kaplowitz Lecture	Jessica Schmitt, MD
		Presidential Lecture	Mark Palmert, MD, PhD



# JOIN US at National Harbor



MAY 15-18  
**2025**

NATIONAL HARBOR, MD  
PES 2025 Annual Meeting

## Hotel & Travel Info

Our host hotel, the Gaylord National Resort & Convention Center—a mere stone's throw from Washington, DC—is nestled on the banks of the Potomac River. The hotel invites you to experience a perpetual oasis with a consistent 72-degree climate inside its magnificent 19-story indoor garden atrium. Immerse yourself in opulence with breathtaking spaces, world-class service, and top-tier dining options that cater to every palate.

PES has secured a special discounted group rate of \$289 single /double occupancy per night plus tax, inclusive with resort fee. The discounted group rate will be available until Monday, April 21 or until the block is full, whichever comes first. Please be sure to secure your reservation as early as possible to guarantee rate availability and your preferred room type. Attendees may contact the Gaylord's Reservations Center at (877) 382-7299 and mention you are booking as part of Pediatric Endocrine Society or utilize the PES online hotel reservation site: [book.passkey.com/go/PES2025](https://book.passkey.com/go/PES2025)

The parking fee is \$37.00 for self-parking and \$59.00 for valet parking plus applicable tax.

## Conference Site



[Gaylord National Resort & Convention Center](#)

201 Waterfront Street

National Harbor, MD 20745

**15 MINUTES** from Reagan National Airport

**45 MINUTES** to Baltimore/Washington International Thurgood Marshall Airport and Dulles International Airport

CLICK HERE TO

**REGISTER**

\* Registration is offered only to clinicians, medical trainees, scientists, and pharmaceutical representatives with specific training or interest in pediatric endocrinology.

## Registration Information\*

The PES Annual Meeting unites a global community comprising more than 1,100 pediatric endocrine clinicians, researchers, and trainees. It provides a platform to exchange enthusiasm for innovative ideas, foster new connections, and stay updated on the latest insights across the extensive spectrum of our diverse field. Join us in 2025 and become an integral part of this enriching experience!

Included with all registrations:

- Full access to the PES meeting app to stay updated on all conference details
- Admission to all sessions breakfasts, tea/coffee breaks, & lunches
- Invitation to the Opening Reception on Thursday, May 15
- Entrance to the exhibit hall & three poster sessions

## Registration Rates\*

	Early-Bird (BEFORE 3/14)	(AFTER 3/14)
Member	\$605	\$705
Non-Member*	\$905	\$1005
Fellows/Trainee	\$210	\$210
Medical Student	\$85	\$85
Residents	\$85	\$85
Emeritus	\$300	\$300
APP Member	\$200	\$250
APP Non-Member	\$250	\$300
Associate Member	\$140	\$190
Associate Non-Member	\$260	\$310

**PES**

PEDIATRIC ENDOCRINE SOCIETY

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[pedsendo.org](https://pedsendo.org)

Managed by Degnon Associates