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**Career Pathways for
Pediatric Endocrine Fellows**
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PedsENDO365 PART 2: Career Pathways for Pediatric Endocrine Fellows

- **Training and Job History**
 - **Medical school: Harvard**
 - **Residency and Fellowship: Children's Hospital Colorado (CHC)**
 - **Joined private practice upon completion of fellowship; primary motivation was to stay in Denver (native)**
 - **Options were Barbara Davis Center (exclusively diabetes), CHC (endo with research focus on T2DM), or private practice**
 - **Partner for 8yrs**
 - **Left existing private practice group and started new practice: Rocky Mountain Pediatric Endocrinology**
 - **8/2013 to present**
 - **RMPE structure: 2 MDs, 1 NP, 1 Clinic/Research RN, and support staff**
- **Clinical research**
 - **Lead principal investigator in all phase 3 long-acting GH trials (Ascendis, NovoNordisk, and OPKO/Pfizer)**
 - **Hypophosphatasia registry**
 - **SEARCH study**



- **Public health**
 - **NBS follow-up program for congenital hypothyroidism**
 - **National spokesperson for Growth Awareness Week**
- **Teaching**
 - **UCHSC Associate Clinical Professor: precept 3rd year PA students**
 - **MAGIC foundation: annual keynote speaker for GHD**
 - **Industry-sponsored branded and non-branded growth lectures to PCPs and ped endo colleagues**
 - **MER: non-profit CME for PCPs**



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- **Why private practice**
 - **Autonomy**
 - **Creative scheduling for patients: Sat morning apts 1x/mo**
 - **Flexible scheduling for providers**
 - **Adapt quickly to changes**
 - No central committees for staffing approval
 - COVID restrictions not dictated by bureaucracy
 - **Financial**
 - **Higher income potential for hard work: “you eat what you kill”**
- **Challenges of private practice**
 - **Staffing: hiring, training, turnover, and managing benefits**
 - **Billing: external 3rd party company with detailed review of monthly reports and spreadsheets**
 - **Referral sources: PCP engagement “customer service” and optimizing online profile**
 - **Maintaining infrastructure: EMR, phones, and physical building/clinic supplies**



- **Role of niching**
 - Evaluate your area and identify any unmet needs
 - Actively engage and collaborate with PCPs, industry, or academic departments
 - Build extensive clinical experience with patient volume
 - Extend to clinical research, if applicable
 - Become a key opinion leader (advisory boards, publications, and lectures)
- **Misconceptions of private practice**
 - Private practice = “non-academic” = “not as smart”
- **Advice for fellows**
 - Starting up a new private practice is challenging and financially risky, but do-able
 - Joining an established private practice is safer for new trainees



- **Pediatric endocrinology is an exciting career with multiple options**
- **You can customize your career path with a combination of clinical care, teaching, and/or research**
 - For me, this variety prevents burn-out, despite long hours spent working
 - I genuinely enjoy going to work every day 😊
- **Contact Info**
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