**PATIENT INSTRUCTIONS FOR INTRANASAL (IN) GLUCAGON:**

### Why do I need to use it?
- Glucagon should be used to raise glucose levels that are dangerously low.
- Glucagon raises the glucose by stimulating the release of glycogen from the liver and muscles.

### When do I need to use it?
- In the event that your child has a severely low glucose level, and is unconscious, cannot swallow, or is seizing.
- IN Glucagon can be given even with a runny or congested nose.
- Available for anyone 4 years and older.
- Do not remove the shrink wrap until it’s being used.

### How to dose / administer it?
- Remove the shrink wrap by pulling on the red stripe
- Open the lid and remove the device from the tube.
- Hold device between fingers and thumb.
- Gently insert tip into nostril until fingers touch the outside of the nose.
- Push plunger firmly all the way.
- Administration is complete when green line disappears.

### What to expect after its administration?
- Turn the person to the side in case of vomiting.
- CALL 911 if not responsive in 15 minutes.
- If the child does not respond within 15 minutes, another dose may be given; wait for emergency help.
- When the child is alert, encourage food intake as soon as possible.
  - ½ cup juice/regular soda
  - 1 tube glucose gel
- When fully awake give a larger snack regardless of the blood sugar.
  - 1 package cheese or peanut butter crackers
- ½ sandwich + ½ cup milk
- Check the child’s glucose level at least 4-6 times in the next 24 hrs.
- Watch for ‘rebound highs’ and more low glucose levels.
- Eat all meals and snacks as normal and target glucose of 150-200 mg/dl over the next 2-3 days to replenish liver glycogen stores.
- Call your provider’s office to report Nasal Glucagon use, for dose adjustments and to get a new prescription.
- Watch for side effects from the glucagon, upset stomach, nausea or vomiting.
- If necessary, follow the “Clear Ketones” guidelines in your diabetes packet.

**THROW AWAY GLUCAGON CONTAINER AFTER ITS USE.**

FOR URGENT CALLS, please call your Diabetes Clinic Emergency On-Call Number

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Commented [MSB(1)]: “and can safely swallow”

Commented [MSB(2)]: I’m worried this may confuse patients if they do not have a section specifically labeled “Clear Ketones” in their packet...I’m sure they’re labeled differently across institutions.