

PATIENT INSTRUCTIONS FOR INTRANASAL(IN) GLUCAGON:

| | |
|---------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Why do I need to use it? | <ul style="list-style-type: none"> • Glucagon should be used to raise glucose levels that are dangerously low. • Glucagon raises the glucose by stimulating the release of glycogen from the liver and muscles. |
|---------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

| | |
|----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| When do I need to use it? | <ul style="list-style-type: none"> • In the event that your child has a severely low glucose level, and is unconscious, cannot swallow, or is seizing. • IN Glucagon can be given even with a runny or congested nose. • Available for anyone 4 years and older. • <u>Do not remove the shrink wrap until it's being used.</u> |
|----------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

| | | |
|-------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| How to dose / administer it? |  | <ul style="list-style-type: none"> • Remove the shrink wrap by pulling on the red stripe • Open the lid and remove the device from the tube. • Hold device between fingers and thumb. • Gently insert tip into nostril until fingers touch the outside of the nose. • Push plunger firmly all the way. • Administration is complete when green line disappears. |
|-------------------------------------|-----------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|

| | |
|------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| What to expect after its administration? | <ul style="list-style-type: none"> • Turn the person to the side in case of vomiting. • CALL 911 if not responsive in 15 minutes. • If the child does not respond within 15 minutes, another dose may be given; wait for emergency help. • When the child is alert, encourage food intake as soon as possible. <ul style="list-style-type: none"> ▪ ½ cup juice/regular soda ▪ 1 tube glucose gel • When fully awake give a larger snack regardless of the blood sugar. <ul style="list-style-type: none"> ▪ 1 package cheese or peanut butter crackers ▪ ½ sandwich + ½ cup milk • Check the child's glucose level at least 4-6 times in the next 24 hrs. • Watch for 'rebound highs' and more low glucose levels. • Eat all meals and snacks as normal and target glucose of 150-200 mg/dl over the next 2-3 days to replenish liver glycogen stores. • Call your provider's office to report Nasal Glucagon use, for dose adjustments and to get a <i>new prescription.</i> • Watch for side effects from the glucagon, upset stomach, nausea or vomiting. • If necessary, follow the "Clear Ketones" guidelines in your diabetes packet. |
| <u>THROW AWAY GLUCAGON CONTAINER AFTER ITS USE.</u> | |

Commented [MSB(1)]: "and can safely swallow"

Commented [MSB(2)]: I'm worried this may confuse patients if they do not have a section specifically labeled "Clear Ketones" in their packet...I'm sure they're labeled differently across institutions.

FOR URGENT CALLS, please call your Diabetes Clinic Emergency On-Call Number

